Pool Schedule

September 2 - September 26, 2025

Cancellations: Can occur due to private bookings and holidays. Facility closed September 1, 2025. Please visit Huntsville.ca for full cancellation details (scan QR code below).



Body Blast	Monday, Tuesday, Wednesday, Thursday & Friday	9:00am – 9:45am
Jog & Spin	Monday, Tuesday, Wednesday & Friday	9:45am – 10:30am
Aquafit	Tuesday & Thursday	10:30am – 11:15am
	Friday	11:15am - Noon
Hydro Rider	Monday & Wednesday	10:30am – 11:15am
	Thursday	11:15am - Noon
Joint Effort	Monday, Tuesday & Wednesday	11:15am - Noon
Self-Guided	Monday & Wednesday	10:30am – 11:15am
	Thursday	11:15am - Noon
Deep Water Body Blast	Thursday	9:45am – 10:30am
Lap Swim	Monday, Tuesday, Wednesday, Thursday & Friday	6:30am -7:30am
		7:30am – 8:15am
		8:15am – 9:00am
		Noon – 1:00pm
	Saturday & Sunday	1:00pm – 1:45pm
		1:45pm – 2:30pm
Leisure Swim	Friday	10:30am - 11:15am
	Saturday & Sunday	2:30pm - 3:30pm
Preschool Swim	Monday, Tuesday, Wednesday, Thursday & Friday	9:15am - 10:00am
		Noon - 1:00pm
	Saturday & Sunday	1:00pm – 1:45pm
		1:45pm – 2:30pm



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