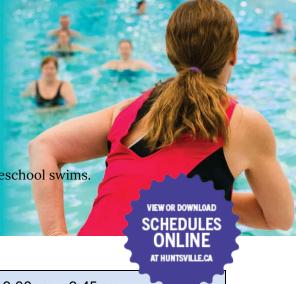
Pool Schedule

January 3 - March 13, 2026

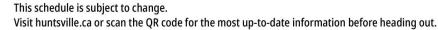
Fitness Classes

The pool will be open on **Family Day February 16** for lap, leisure and preschool swims. **March Break Schedule** not included.



Body Blast	Monday, Tuesday, Wednesday, Thursday & Friday	9:00am – 9:45am
Jog & Spin	Monday, Tuesday, Wednesday & Friday	9:45am – 10:30am
Aquafit	Tuesday	10:30am – 11:15am
	Thursday	10:30am – 11:15am 6:30pm – 7:15pm
	Friday	11:15am – Noon
Hydro Rider	Monday & Wednesday	10:30am – 11:15am
	Tuesday	2:00pm – 2:45pm
	Thursday	11:15am – Noon
Joint Effort	Monday, Tuesday & Wednesday	11:15am – Noon
	Monday & Wednesday	10:30am – 11:15am
Self-Guided	Thursday	11:15am - Noon
Deep Water Body Blast	Thursday	9:45am – 10:30am







Pool Schedule

January 3 - March 13, 2026

Lap, Leisure and Preschool Swims

The pool will be open on **Family Day February 16** for lap, leisure and preschool swims. **March Break Schedule** not included.



Lap Swim	Monday & Friday Tuesday	6:30am – 7:30am 7:30am – 8:15am 8:15am – 9:00am Noon – 1:00pm 6:30am – 7:30am
	Tuesday	7:30am – 7:30am 7:30am – 8:15am 8:15am – 9:00am Noon – 1:00pm 2:00pm – 2:45pm (3 Lanes)
	Wednesday	7:30am – 8:15am 8:15am – 9:00am Noon – 1:00pm 7:00pm – 7:45pm (3 Lanes)
	Thursday	6:30am – 7:30am 7:30am – 8:15am 8:15am – 9:00am Noon – 1:00pm 6:30pm – 7:30pm (3 Lanes)
	Saturday	8:30am – 9:30am (3 Lanes) 1:00pm – 1:45pm 1:45pm – 2:30pm
	Sunday	1:00pm – 1:45pm 1:45pm – 2:30pm
Preschool Swim	Monday, Tuesday, Wednesday, Thursday & Friday	9:15am – 10:00am Noon - 1:00pm
	Saturday & Sunday	1:00pm – 1:45pm 1:45pm – 2:30pm
Leisure Swim	Wednesday	7:00pm – 7:45pm
	Friday	10:30am – 11:15am
	Saturday & Sunday	2:30pm – 3:30pm



This schedule is subject to change.

Visit huntsville.ca or scan the QR code for the most up-to-date information before heading out.

