

# Pool Schedule

January 3 – March 13, 2026

## Fitness Classes

The pool will be open on **Family Day February 16** for lap, leisure and preschool swims.  
**March Break Schedule** not included.

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**SCHEDULES  
ONLINE**  
AT [HUNTSVILLE.CA](https://huntsville.ca)

|                              |   |                                      |
|------------------------------|---|--------------------------------------|
| <b>Body Blast</b>            | Monday, Tuesday, Wednesday, Thursday & Friday | 9:00am – 9:45am                      |
| <b>Jog &amp; Spin</b>        | Monday, Tuesday, Wednesday & Friday           | 9:45am – 10:30am                     |
| <b>Aquafit</b>               | Tuesday                                       | 10:30am – 11:15am                    |
|                              | Thursday                                      | 10:30am – 11:15am<br>6:30pm – 7:15pm |
|                              | Friday  | 11:15am – Noon                       |
| <b>Hydro Rider</b>           | Monday & Wednesday                            | 10:30am – 11:15am                    |
|                              | Tuesday                                       | 2:00pm – 2:45pm                      |
|                              | Thursday                                      | 11:15am – Noon                       |
| <b>Joint Effort</b>          | Monday, Tuesday & Wednesday                   | 11:15am – Noon                       |
| <b>Self-Guided</b>           | Monday & Wednesday                            | 10:30am – 11:15am                    |
|                              | Thursday                                      | 11:15am – Noon                       |
| <b>Deep Water Body Blast</b> | Thursday                                      | 9:45am – 10:30am                     |



This schedule is subject to change.  
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11/18/25

# Pool Schedule

January 3 – March 13, 2026

## Lap, Leisure and Preschool Swims

The pool will be open on **Family Day February 16** for lap, leisure and preschool swims.

**March Break Schedule** not included.

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|                       |   |   |
|-----------------------|---|---|
| <b>Lap Swim</b>       | Monday & Friday                               | 6:30am – 7:30am<br>7:30am – 8:15am<br>8:15am – 9:00am<br>Noon – 1:00pm                              |
|                       | Tuesday                                       | 6:30am – 7:30am<br>7:30am – 8:15am<br>8:15am – 9:00am<br>Noon – 1:00pm<br>2:00pm – 2:45pm (3 Lanes) |
|                       | Wednesday                                     | 7:30am – 8:15am<br>8:15am – 9:00am<br>Noon – 1:00pm<br>7:00pm – 7:45pm (3 Lanes)                    |
|                       | Thursday                                      | 6:30am – 7:30am<br>7:30am – 8:15am<br>8:15am – 9:00am<br>Noon – 1:00pm<br>6:30pm – 7:30pm (3 Lanes) |
|                       | Saturday                                      | 8:30am – 9:30am (3 Lanes)<br>1:00pm – 1:45pm<br>1:45pm – 2:30pm                                     |
|                       | Sunday  | 1:00pm – 1:45pm<br>1:45pm – 2:30pm  |
| <b>Preschool Swim</b> | Monday, Tuesday, Wednesday, Thursday & Friday | 9:15am – 10:00am<br>Noon – 1:00pm   |
|                       | Saturday & Sunday                             | 1:00pm – 1:45pm<br>1:45pm – 2:30pm  |
| <b>Leisure Swim</b>   | Wednesday                                     | 7:00pm – 7:45pm   |
|                       | Friday  | 10:30am – 11:15am   |
|                       | Saturday & Sunday                             | 2:30pm – 3:30pm   |



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