

# Pool Schedule

June 29, 2026 – Sept 4, 2026

## Swimming & Fitness Classes

The pool will be closed on **July 1 and August 3**.



<b>Lap Swim</b>	Monday, Tuesday, Wednesday, Thursday, & Friday	7:30am – 8:15am 8:15am – 9:00am Noon – 1:00pm
<b>Preschool Swim</b>	Monday, Tuesday, Wednesday, Thursday, & Friday	9:15am – 10:00am Noon - 1:00pm
<b>Leisure Swim</b>	Monday, Tuesday, Wednesday, Thursday	2:00-3:00pm
	Friday	10:30am – 11:15am 2:00pm – 3:00pm

<b>Body Blast</b>	Monday, Tuesday, Wednesday, Thursday & Friday	9:00am – 9:45am
<b>Jog &amp; Spin</b>	Monday, Wednesday & Friday	9:45am – 10:30am
<b>Aquafit</b>	Tuesday & Thursday	10:30am – 11:15am
	Friday	11:15am – Noon
<b>Hydro Rider</b>	Monday & Wednesday	10:30am – 11:15am
	Thursday	11:15am – Noon
<b>Joint Effort</b>	Monday, Tuesday & Wednesday	11:15am – Noon
<b>Self-Guided</b>	Monday & Wednesday	10:30am – 11:15am
	Thursday	11:15am - Noon
<b>Deep Water Body Blast</b>	Tuesday & Thursday	9:45am – 10:30am



This schedule is subject to change.  
Visit [huntsville.ca](http://huntsville.ca) or scan the QR code for the most up-to-date information before heading out.

[huntsville.ca](http://huntsville.ca)

