

# Pool Schedule

**December 6, 2025 – January 2, 2026**

Facility closed: **December 25, 26 & January 1** and at **Noon Dec 24** and **Dec 31**

<b>Body Blast</b>	Monday, Tuesday, Wednesday, Thursday & Friday	9:00am – 9:45am
<b>Jog &amp; Spin</b>	Monday, Tuesday, Wednesday & Friday	9:45am – 10:30am
<b>Aquafit</b>	Tuesday, Thursday	10:30am – 11:15am
	Friday	11:15am - Noon
<b>Hydro Rider</b>	Monday & Wednesday	10:30am – 11:15am
	Thursday	11:15am - Noon
<b>Joint Effort</b>	Monday, Tuesday & Wednesday	11:15am - Noon
<b>Self-Guided Aquafit</b>	Monday & Wednesday	10:30am – 11:15am
	Thursday	11:15am - Noon
<b>Deep Water Body Blast</b>	Thursday	9:45am – 10:30am
<b>Lap Swim</b>	Monday, Tuesday, Wednesday, Thursday & Friday	6:30am -7:30am 7:30am – 8:15am 8:15am – 9:00am Noon – 1:00pm
	Saturday & Sunday	1:00pm – 1:45pm 1:45pm – 2:30pm
<b>Leisure Swim</b>	Friday	10:30am - 11:15am
	Saturday & Sunday	2:30pm – 3:30pm
<b>Preschool Swim</b>	Monday, Tuesday, Wednesday, Thursday & Friday	9:15am - 10:00am Noon - 1:00pm
	Saturday & Sunday	1:00pm – 1:45pm 1:45pm – 2:30pm



Holiday Leisure Swims	
December 22, 23, 29, 30, Jan 2	2:00-3:00pm
December 20, 21, 28	2:30-3:30pm



This schedule is subject to change.  
Visit [huntsville.ca](https://huntsville.ca) or scan the QR code for the most up-to-date information before heading out.

[huntsville.ca](https://huntsville.ca)

